



**Victoria
Road**
Primary
School

October 2019

Working together for a bright future

Calendar of Events:

- Mon 4th Nov
 - Tues 5th Nov
 - Wed 6th Nov
 - Thur 7th Nov
 - Mon 11th Nov
 - Wed 13th Nov
 - Fri 15th Nov
 - Mon 18th Nov
 - Mon 25th Nov
 - Tues 26th Nov
 - Thur 28th Nov
 - Friday 29th Nov
- Yr 2 Lunchtime Tennis Program
Melbourne Cup Day – no school today!
School banking in lieu of Cup Day!
Opening Night @ 7pm
Yr 2 Lunchtime Tennis Program – last session
Prep Transition Session 2 @ 9.15am-10.15am
Yr 5/6 Community Sports Day @ Oxley College
Yr 4 Lunchtime Tennis Program
Yr 4 Lunchtime Tennis Program
Prep Transition Session 3 @ 2.15pm-3.15pm
November Newsletter
Run4Fun Colour Explosion



YOU ARE INVITED TO
**Opening
Night**

7TH NOVEMBER @ 7.00pm

JOIN US TO CELEBRATE

OUR NEW SPACES AT

VICTORIA ROAD PRIMARY



Working together for a bright future

Please note this is a child free event. Light refreshments and drinks will be provided

From the Principal:

I am writing this newsletter today after returning from the Grade 5/6 camp to Allambee in South Gippsland. The camp has been jam packed full of fun outdoor activities so we were very fortunate to have glorious weather. The children have enjoyed challenging themselves and showed lots of courage, collaborative skills and empathy when working together as teams to conquer such things as the giant swing, the flying fox, tree abseiling and many more. We were all pleasantly surprised by both the quantity and quality of the food on camp. Almost half of the children (and teachers), went back for seconds even after helpings that were probably twice the size that they would normally have!

Next Thursday we are holding our Opening for the new classrooms. I hope that you have all seen the invitation on FB or as a hard copy that went home with each child. Please RSVP as soon as possible so that we can cater for the correct amount of people.

This morning we met with Pearl Subban from Monash University to further discuss our progress in the implementation of Positive Behaviour Support (PBS). Victoria Road was chosen to be used as a case study for Graduate and Post Graduate course work at Monash University. We will also be presenting at lectures at the start of December. This is a great recognition of the ground breaking work we are doing in our school and how that is valued by the wider educational community. After finalising further details, we will be working alongside the University to bring the voice of our students into their study on this topic.

As you will all have seen on Sentral, this week I announced that Jane Searle has been appointed by our panel as our new Assistant Principal at Victoria Road Primary School from 2020. I know the whole community will be enthusiastic about welcoming Jane to this role and congratulating her on this achievement. I would also like to thank Peter Humphreys for the huge effort that he put into temporarily filling this role during term 3 and 4.

Hope to see many of you at the "Opening" next week.

Kindest regards,

Lisa

From the Assistant Principal:

What a fantastic start to the term we've had here at Victoria Road Primary School. Spring has well and truly sprung and there is an air of excitement around the place. From a buildings and grounds perspective this means lots of extra lawn mowing and garden clean up to keep the place looking smick!

I'd like to give a huge shout out to our "Gardening Friends" group who have put so much time and effort to make improvements to our grounds and gardens. I'd also like to mention Mike who works here on a Monday who can turn his hand to almost anything from painting to construction and gardening, there never seems to be a problem that you cannot solve, so thank you.

I must also give a shout out to the parents who have helped sort out the internal environment ready for the official building opening next Thursday 7th November. Thank you to the following families: Young, Wilson, Baker, Newstead, Dorian, Speers, Fritsch and Dalton who all helped with our new signs, cleaning, spray painting and assembling new table tops.

Our environment is looking absolutely fantastic and ready for lots of 21st century learning.

Peter Humphreys

Office News:

School Canteen:

Our school canteen operates on Wednesday's and Friday's.

Online ordering is available.

Canteen menu is available outside the office.

If you can help out please let us know at the office!

OSHClub:

For all bookings and enquiries: 1300 395 735.

To contact Alison directly: 0476 802 866

The school office does not take messages or bookings regarding OSHClub.

School Banking:

Our school banking day is Tuesday. **Due to Cup day on 5th November banking will be taken on Wednesday 6th November!** Thanks Tony and Ally!

Breakfast Club:

Tuesday mornings at 8.45am in the Community Room (opposite the office).

Everyone welcome!

Breakfast Club provides a healthy breakfast and is run by volunteers.

Please let us know if you have allergies.

Do you have any milk bottle lids, juice lids and bread tags? If so Breakfast club has a tub to collect these items to donate to 3D Hand printing! Thank you!

School Uniforms:

Uniforms can be bought from the Community Room (opposite the office) at the following times:

Tuesday: 8:30–9:00 & 3:00–4:00

Friday: 8:30–9:00 & 3:00–4:00

Prices are as follows:

Short sleeve polo	\$30
Jacket	\$37
Hat	\$15 (compulsory for Term 4 & Term 1)
School Bag	\$42
Summer Dress	\$36

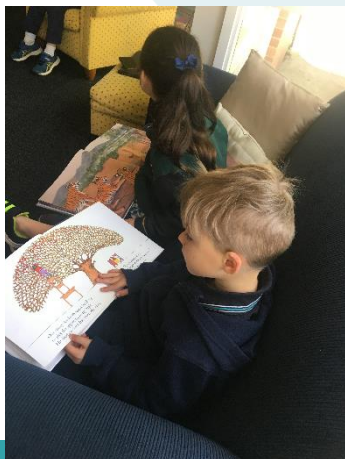
Please remember that Hats are compulsory to wear in Term 4 & Term 1 of each year!

At this stage the uniforms are only for sale during the above stated times. If you are unable to make these times please call the office to make alternative arrangements. **A big thank you to all the parents who have been helping out and volunteering their time sell our new school uniforms! You are a wonderful support to our school.**

Foundation:



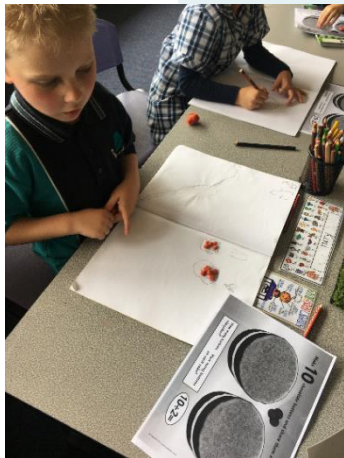
To kick off our Term 4, the Foundation students have had the opportunity to explore the library and all the benefits reading has to our learning! Students get to choose a quiet and relaxing space to enjoy reading fiction and non-fiction books. Taking books home was the most exciting part as they bring in their own library bags to borrow and store the books for a week.



Foundation cont:



In Mathematics we have been looking at division (sharing) and many other curriculum areas. You can see great team work as we use hands-on materials such as playdough!! to create objects in which we can share between varying numbers of people. We love being able to be so creative and hands-on at our school.



Year 1&2:

This month the year 1/2's have been looking at money, addition and subtraction. So we built a shop in the classroom for us to practice adding prices and giving correct change. It was lots of fun as everyone had an opportunity to buy items and be the shop keepers. It was great to see the students practising real life situations in the classroom and experiencing a market place atmosphere.

In writing we have been working on writing procedural texts and the students have been writing how to do activities that they liked. But one day we all made pikelets and then wrote a procedural text on how to make pikelets. The students have really enjoyed explaining how to make or do something and the hands on activities were really engaging.



Year 3/4:

Writing:

Throughout Term 4 students have been focusing on writing procedures. They have been busy creating and constructing, making delicious foods, paper plate artwork and balloon rocket science experiments. Students have been highly engaged and have enjoyed explaining the steps of how to make their products.



Maths:

Students have spent a lot of time learning about fractions and decimals. Students made artwork out and added up the fractions to find out how big their pictures were.



Year 3/4 cont:

Science:

This term's topic is on physical science, with students discovering and experimenting with various forces such as push and pull, gravity and friction. The students have enjoyed the hands on approach to learning.



Inquiry:

Students are learning about the roles of the local government. They have just begun designing a small town where they take on the role of the local government and decide how things are run.

Year 5/6 Camp:

I like camp because we have activities every day and they were really interesting and we got to interact with our friends - Bryn

I like camp because I get to share cabins with my friends and there's lots of activities - Brodie

It's very challenging and fun to work with your team mates - Jordan

A lot of these activities force you to face your fears - Darcy

We get to stay for a week which is good because we've got cabins - Cameron

The staff are nice here and the rooms aren't smelly! Isabelle

I like it because there's a lot of fun activities and I like going high - Jess

Excitingly scary. I like challenging myself - Taryn

I love the zip line. It was so fun that I wanted another go but we couldn't because we ran out of time - Angelica

It builds our friendship and I like all the activities - Tyler

We get to talk at the dinner table and the food is nice - Bailey



7 Reasons Kids Need Us to Disagree

By Janet Lansbury

It can be our tendency as parents to avoid conflict with our children. But disagreements are a natural part of our parent/child relationship and a healthy (though seldom fun) interaction. The irony is that if we practice the art of respectful disagreement, our relationship will strengthen, deepen, and actually involve less real conflict.

I often hear from parents who share concerns about their children testing limits or behaving in a defiant, demanding, bossy, or aggressive manner. Others are alarmed because their kids seem insecure, fearful, anxious, fragile, or needy. In both cases, comfort with disagreement is often what's missing in these relationships.

So, to help make disagreements feel safe and comfortable for both parent and child:

Do understand that children unconsciously use these disagreements as a healthy release for their emotions. The more unreasonable the demand or disagreement, the more obvious that becomes. So don't try to reason with the unreasonable: "I can't get you that toy that's across the room right now. Your brother's just a baby, so why can't you walk around him?" Instead, comfortably hold your ground while being on your son's side in regard to his feelings: "You don't want to go near the baby. I can get you the toy later, but not now." The importance of letting our children's feelings be (in all their pain and glory) can't be overstated. This is the key to relaxed, happy kids and far fewer disagreements that can become serious conflicts.

Do confidently and clearly assert yourself with your child and believe yourself capable in your leadership role. Angry or annoyed aren't confident, and neither are stern, frowning, or ultra-serious. Those don't read as comfortable to our children. True confidence is the realization *I've got this*. It's utter assuredness, and it is often upbeat and feels breezy to both of you. This doesn't mean your child won't have a meltdown when you won't play with her, but it does mean she'll feel secure when expressing her feelings, because she has a comfortable, capable parent.

Do recognize that your child is highly aware, but also small and unthreatening, and that you are big, mature, and experienced. Our children can seem *gi-normous* to us, but gaining a more realistic perspective will help you recognize that your child is neither a peer, nor a frightening ogre. There's nothing he or she can send your way that you can't handle with relative ease.

Do sweat the small stuff. With bright, assertive children especially, parents can get caught up allowing them to make too many decisions. To clear away the confusion, let all decisions regarding play belong to your child. Then consider easing up their decision load the rest of the time, like when their demand is for a certain cup or for you and Daddy to switch seats. This means kindly and comfortably overruling them while acknowledging, "You want me and Daddy to switch seats. We won't be doing that." By trying to control this small stuff,

PBS cont:

your child is letting you know that you need practice disagreeing with him.

Don't overthink the right response, ask permission, plead, or soft-peddle your case. Be assured. You can always change your mind.

Don't expect children to disagree respectfully. This will happen in time. Maybe a long time, because kids are impulsive and have intense feelings to express. It's our job to guide them by modelling respectful disagreements and then confidently handling their messier behaviours, while accepting their emotions.

Don't buy into (but do secretly appreciate) fabulous performances.

Don't get me wrong — I would never, ever laugh at a child expressing their feelings. I would always acknowledge these situations at face value: "You really don't want to get in the car." But allowing these performances to push our fear, worry, or annoyance buttons takes parents and children in an unhealthy direction.

In short and in summary, here are some reasons children need us to agree to disagree:

It's developmental

Growing up — individuating in a healthy manner — is all about being able to disagree with our parents.

It's natural

Disagreement and conflict are a part of life.

It's healthy

Normalising age-appropriate conflict and disappointment builds healthy resilience.

It's loving

Assures children they have able leaders who love them enough to brave their feelings and behaviours.

It's freeing

Frees kids up from testing and controlling the parents that they need to take charge; and frees us from walking on eggshells, avoiding or trying to manage our children's emotions. We get to be ourselves in this relationship.

It's informative

Besides helping our child to really know us and vice versa, the freedom to disagree provides children with a superior relationship model they will naturally apply throughout their lives. It teaches social/emotional intelligence.

It's respectful

Taking our space in the relationship fosters our children's self-respect as well as their respect for the boundaries of others. The freedom to disagree safely and comfortably is a key element of the healthiest relationships. Agreeing to disagree fosters mutual respect and trust.

Art News:

During October the Foundation students enjoyed making a colourful creature from 'Magiclay'. They then made a house for their creature from boxes and paper. Their creations are wonderful.

The Year one and two students experimented with chalk pastels. They loved how the colours blended together with their fingers.

Year three and four students collaborated in small groups to make an art work based on the story of the 'Rainbow Serpent'.

Year five and six students used clay to make a 'Mythical Creature'. These art pieces are currently being fired so we will soon be able to see their finished pieces.



Term Four: Transition Sessions

Starting Prep is a big step for children and transitioning between Kinder and Prep can often come with mixed emotions. To ensure that all children have an opportunity to feel comfortable at Victoria Road Primary School we offer structured transition sessions.

During these sessions, we welcome children enrolled for Prep in 2020 to attend our four transition sessions. They will engage in classroom activities, meet the specialist teachers and office staff and generally get a feel for school life!

Whilst we recognise the importance of transitioning into school, we also recognise the importance of the kinder year. Kinder is such an important year and provides your children with many of the tools necessary to start school. It is for this reason that we chose not to start our transition sessions till the end of October. We have also chosen a variety of days and times. This will allow your child to experience different aspects of school life and allow them to build up to the last transition session where they will be asked to bring a packed lunch box. During this session they will also go out to the playground for recess where the teachers will closely supervise all children in one small part of the yard.

Our four transition sessions will take place on the following dates:

Thursday, October 24th

2.15pm - 3.15pm

Wednesday, November 13th

9.15am - 10.15am

Tuesday, November 26th

2.15pm - 3.15pm

Tuesday, December 10th – Meet your 2020 Classroom Teacher & Buddy

9.15am - 10.45pm

Please note that these sessions are only for students enrolled to start at Victoria Road Primary School in 2020.

School Activities:

Chess State Finals

4 of our very talented students made it to State Finals for Chess. Congratulations to Stephanie Westbury, Scarlett Cameron, Charli Russell and Chelsea Morin. You should all be very proud of yourselves for finishing in the top 30% in the zonal level to make it to the State Finals.

Well done girls!



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OUR NEW SPACES AT
VICTORIA ROAD PRIMARY



Working together for a bright future

Please note this is a child free event. Light refreshments and drinks will be provided

Fundraising:

THE COLOUR CRAZE THAT'S SWEEPING THE NATION™



The School Run4Fun Colour Explosion is a major fundraiser this term so we do ask for your support. The more money we raise the more we can provide for the students through vital school projects, in particular **(REASON FOR FUNDRAISING)**.

The School Run4Fun Colour Explosion will be held on **Friday 29th November 2019** starting at **2.30pm**. We do ask that you bring a spare change of clothes to school, most importantly a plain white shirt as the students will be covered in powder from head to toe. The day's focus is on fun and fitness with the added benefit of raising funds for our school.

Colour Powder

The colour powder used in our event has been sourced direct from India, the home of Holi Powder. It is made of high quality corn starch and permitted food colours. It's non-toxic, biodegradable, skin safe and environmentally friendly. Toxicological Risk Assessment and ingredient listings can be obtained from the School Office upon request. Students with asthma are advised to be careful in their decision to participate.

How Does My Child Fundraise?

Students have now received a Sponsorship Form with instructions on how to raise money and order prizes. Students obtain donations in cash using the Sponsorship Form together with online fundraising.

Students who raise as little as \$10 or more will receive an incentive prize for their efforts. But why not aim higher? You have the option to choose up to five (5) prizes and this will set your fundraising goal. Family and friends are your greatest supporters, so ask them first for your support. You will reach your fundraising goal in no time.

Student Profile Page

Create a Student Profile Page at www.myprofilepage.com.au which is unique to you. There are also some great features like recording your sponsorships and selecting your prize goal.

You can also register for online fundraising. It's the easiest way to help your child raise money and to reach your fundraising goal sooner.

WIN A SHARE OF \$200,000 WORTH OF FREE SPONSORSHIP DONATIONS. Create a Student Profile Page at www.myprofilepage.com.au and enter your unique code found on page five (5) of your Sponsorship Form to see if you're an instant winner. Give your fundraising goal a kick start!

How to Order Prizes?

To reward your child for their efforts, they will receive incentive prizes based on the total amount of sponsorship dollars raised in cash, online, and if applicable, any **FREE SPONSORSHIP DONATIONS** won using the unique code on page five (5) of the Sponsorship Form. You have two options to place your prize order:

1. Login or create a Student Profile Page at www.myprofilepage.com.au. Once the fundraiser has finished, click the 'ORDER MY PRIZE' button and then confirm your total amount raised and order your prize/s, **OR**
2. Complete the back page of the Sponsorship Form and return to the school.

Please note, all donations need to be finalised on or before before **22nd November 2019** Student prizes will be delivered shortly after.

Thank you in advance for your participation, and get ready for a BLAST OF COLOUR! Happy fundraising!

Fundraising Team

Gardening Friends Group:

An invitation to join us!

This volunteer team has been meeting at the school on Wednesday mornings for the past year and they have:

- ✓ re-established some of the garden areas
- ✓ improved the composting system
- ✓ taken part in weeding, clearing, pruning, mulching and general maintenance
- ✓ been involved in propagating and planting
- ✓ participated in sourcing materials

This year, the name changed from the Grand-friends Group to the **Gardening Friends Group** to better reflect who we are looking for and the current makeup of the group. If you are **available and interested** in working outside in the school's gardens or in any other activity listed above, that is **all** that is required.

You can learn new skills along the way and of course share your knowledge with the team. We operate on a shoe string budget and do much of our own propagating and resourcing. That is all part of the fun!

Gardening Friends team is keen but small in number and the long term vision for the grounds very large!

Calling parents, grandparents, friends - male, female, retirees, locals - in fact anyone who would like to commit to this team - regularly or from time to time.....

WE NEED YOUR HELP!

Please leave your name and contact details at the office. You will be contacted by Sue Chambers from the Gardening Friends Group.



Community Notices



My name is Dimitra, I am a parent at Victoria Road PS and last year began my own business called Eat, Prep, Love. I am passionate about cooking and love making healthy and easy alternatives to take away!

Some comments from my customers include the following:

- "Absolutely delicious restaurant quality. Even enough for the next night. Will definitely order again. Thanks so much"
- "I didn't just like it, I loved it!"
- "Dimitra we so look forward to the nights you cook for us! Your meals make dinner time easy and delicious. Thank you!"
- "Amazing food, freshly prepared, generous serving sizes for the whole family!! You make the crazy juggling in my life so much easier! Thankyou"

Details:

- All meals serve 4 and range between \$25-\$30
- Meals can be picked up from my house - The Gateway, Lilydale
Please message me to arrange pickup - M. 0409 212 726
- Meals need to be ordered a week in advance
- Payment is made via direct debit
- Details of exact meals, prices and order cut off dates can be found on my Facebook page - 'Eat, Prep, Love'





Simple and Stylish

MESSAGE IN A BOTTLE KEEPSAKES



Great gift idea for that special teacher. Available in various colours with either scatters or glitter inside the bottle. Comes with a matching ribbon with apple charm attached. Each bottle is approx. 7.5cm tall.

Teachers Thank You Gift \$6.50 each



Great gift idea for someone who is finishing their last year of school. Four inserts to choose from. Available in various colours with either scatters or glitter inside the bottle. Comes with a matching ribbon with graduation charm attached. Each bottle is approx. 7.5cm tall.

Graduation Gift \$6.50 each

Contact Angela on 0400589466
simpleandstylish@bigpond.com
www.simpleandstylish.com.au

@simplenstylish
@simpleandstylish09

LITTLE PRINCESS DESIGNS
PERSONALISED PARTY AND GIFTSWARE

Add a personal touch this Christmas with our personalised gifts, there's something for everyone



From our personalised keys-rings, pencil cases, make up bags, to tumblers, glasses and even prints

Teacher Prints

There's something for everyone

Find us on Facebook and Instagram



Personalised Chocolates



Or something special for that hard to buy for friend and family

NEW ITEM Personalised Baubles



Lift
Naturopathy
& Massage

I am offering 10% off to all families of Victoria Road PS. Feel free to contact me if you are interested in natural therapies and massage. I can help with sleep, anxiety, depression, weight loss, fatigue, skin concerns, immune systems, children's health, and more. Check out my Face Book page for more information @liftnaturopathy or call/text Toni on 0438 168 887.



Swanella Creations

Delivering beautiful, unique custom handmade Nappy Cakes for your Baby Shower centre piece or for a special baby gift. Quality yet affordable.

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Email : swanellacreations@gmail.com

follow us on Instagram / like us on Facebook

Nappy Cakes

Mobile : 0409299711

Rosemary



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BECOME A VOLUNTEER HOST FAMILY



CAN YOU HOST ME?

EMAIL: INFO@WEP.ORG.AU
CALL 1300 884 733
SMS 'HOST' TO 0428 246 633

WEP IS LOOKING FOR VOLUNTEER HOST FAMILIES TO HOST EXCHANGE STUDENTS FROM COUNTRIES INCLUDING ITALY, FRANCE AND BELGIUM, ARRIVING IN AUSTRALIA IN JULY 2020!

IF YOU HAVE AN INTEREST IN OTHER CULTURES, WE WOULD LOVE TO HEAR FROM YOU! REMEMBER, SOMETIMES THE GREATEST REWARDS IN LIFE COME FROM DOING THINGS YOU NEVER THOUGHT YOU WOULD!

CONTACT WEP ON 1300 884 733 FOR MORE INFORMATION OR EMAIL INFO@WEP.ORG.AU.

LAURA from Italy

Ciao from Italy!
I am able to see the good in anything and anyone and I perceive every life event as a lesson. I love spending time outdoors, swimming, walking, participating in team sports, taking photos and meeting with my friends.
My family is relatively small, but we are very close. I respect and admire my parents.
I can't wait to meet my Australian family!

MORE PROFILES AVAILABLE AT WEP.ORG.AU/HOST



2019 Yarra Ranges Parent and Caregiver Survey

Parents and caregivers of children aged 0-12 are invited to share their views and experiences in Council's annual survey.

Combined responses are used to better understand the services, programs and activities that families in Yarra Ranges need or would like to see.



Complete the survey for a chance to win a Healesville Sanctuary family pass.

Survey closes November 10th and can be found on the Council website at <https://www.yarraranges.vic.gov.au/Council/Engage-Yarra-Ranges/Parent-and-Caregiver-Survey>

Let's Talk Parenting

Parents Building Solutions

Are you...

- Wishing you could help your child when they are anxious/angry/having melt downs?
- Struggling to find time for yourself?
- Wishing you could build more resilience in your child?
- Wanting to discipline your child without punishment?
- Coping with your own parenting dilemma?
- Join a group of parents for 5 weeks to learn together about parenting!

Dates:

Term 2: Every Tuesday from the 30th April until the 4th June 2019

Term 3: Every Monday from 12th August until the 16th September 2019

Term 4: Every Monday from 21st October until the 18th November 2019

Time: All sessions 10am until 12pm

Venue: 75 Patterson St, Ringwood East 3135

Cost: Gold coin donation per session, if possible

To register and for more information: Contact Intake on 9837 3900

health . hope . opportunity

1300 003 224 • info@each.com.au
each.com.au • [facebook.com/eachsch](https://www.facebook.com/eachsch) • twitter.com/eachsch



BATH BOMB ESSENTIAL OILS WORKSHOP

WEDNESDAY 13TH NOVEMBER

Essential oils can help our bodies on a cellular and emotional level and can be used in many products to help our mind and bodies everyday.

In this workshop you will learn how you can incorporate these oils along with dried flowers and coloured Mico powder to create luxury bath bombs to use at home.

7.00PM TO 9.00PM

Chirside Park Community Hub
33 Kimberley Drive, Chirside Park

\$35
per person

COST INCLUDES

Everything you need to create five bath bombs to use at home or give as a gift.

For further information call 1300 835 235, visit www.cire.org.au or book through Trybookings at www.trybooking.com/BFFKT





JOIN THE FUN


WOOLWORTHS CRICKET BLAST IS A FUN AND FAST PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN NEW SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

Lilydale Cricket Club
 Woolworths Junior Blasters (ages 5-7 - girls & boys welcome)
 4:30pm - 5:30pm (Thurs 5 & 12 Dec, 30 Jan, 6, 13 & 20 Feb)
 Contact: Solomon Erulkar
 0425 765 513 - juniors@lilydalecc.com
 \$100 - includes custom shirt, bucket hat, bat & ball

JOIN THE FUN AT YOUR LOCAL CENTRE
 REGISTER AT PLAYCRICKET.COM.AU



WANT TO PLAY BASKETBALL?



OUR TEAMS PLAY IN THE
 KILSYTH & MOUNTAIN
 DISTRICT BASKETBALL
 ASSOCIATION

REGISTER NOW:
crossoverunited.club/joinus



**CROSSOVER UNITED
 BASKETBALL CLUB**

BE UNITED & JOIN US!

**BOYS & GIRLS
 OF ALL AGES WELCOME**




All Abilities Netball Program

Fortnightly Netball Skills Clinics (Spring 2019)

All Abilities Netball provides the chance for people with a physical or intellectual disability to participate directly or indirectly in local clubs and associations.

Run by accredited coaches (with working with children checks). The focus will be basic skill development in a **fun** and **friendly** atmosphere.

No previous netball experience is required. Come and try session welcomed.

Dates: Fridays: 23/8, 6/9, 20/9, 11/10, 25/10, 8/11, 22/11 & 6/12

Time: 4:00 to 5:00 pm (refreshments from 4:45 pm)

Location: Pinks Reserve Regional Netball Facility
 123 Liverpool Road, Kilsyth (netball courts: behind the basketball stadium)

Age: Open to all age groups both male and female

Cost: Free

What to Bring: Please wear comfortable clothing and runners

More Info: Our website, All Abilities Program Menu Tab

Enquiries: Sue Reynolds (0412 430 499) or email (montrosenetballclub@gmail.com)



Proudly supported by:

Kilsyth Club
APM employment services
BELL REAL ESTATE
Yarra Ranges Council
 Montrose Community Bank* Branch
Bendigo Bank

Free light refreshments will be available to all participants and parents / carers

If interested in participating:
 • Email or phone the club with your name and contact number

www.montrosenc.vic.netball.com.au

Promoting disability inclusion in sport

KILSYTH FOOTBALL CLUB

2020 Junior Registration \$200

FREE REGISTRATION

1st YEAR PLAYERS

A \$30 per family maintenance levy is payable
which has various opportunities to be refunded throughout the season



KILSYTH JUNIORS
that pay a \$50 Deposit by 1st Dec

receive a

FREE

Kilsyth Cougars Training Top
rrp\$40



Online registrations open Nov 1st

kilsythfootballclub.com.au/juniors/register

email kilsythjuniorfootyrego20@gmail.com

FACEBOOK/kilsyth juniors

GIRLS U10 - U18's / BOYS U8's - U17's

Under 8's need to have turned 7 by 30/04/20

KILSYTH AUSKICK

SATURDAYS 10 - 11.30am



CROYDON NORTH CRICKET CLUB INC

S.A.A.E - Sportsmanship Above All Else

REGISTRATIONS OPEN SUMMER 2019/20



1. Go to www.playcricket.com.au
2. Search "CROYDON NORTH" or enter postcode 3136
3. Click Register

JUNIOR BLASTERS (5 - 8 year olds) - Sunday mornings
10 - 11am from Sunday 10th November 2019

12-week program covering all the basic skills

JOIN THE FUN TODAY!

BOYS & GIRLS ALL WELCOME

If you need more information call us...

Ryan Sleeman - 0437 408 887 (Club President)
Kati Wilkins - 0409 411 889 (Junior Co-ordinator)

Croydon North Cricket Club - Hughes Park - 435 Maroondah Highway, Croydon North
Website: <http://cncc.vic.cricket.com.au>

A unique way to boost your fundraising efforts



SCHOOL REWARD PROGRAM

***Your school community's love of movies
provides your school with rewards!***

Reading Cinemas wants to help your school's fundraising efforts by providing you with complimentary movie passes.

These passes can be used however your school deems appropriate... fundraising, staff incentives, student prizes, whatever you need!

It's easy for your school to be involved and start earning free movie passes:

- Personalise each coupon below so as it can be identified as coming from your school.
- Photocopy as many of these coupons as you wish.
- Distribute these coupons throughout your school community (remember the more you give out, the more movie passes you are likely to receive).
- Explain to your school community that to assist their school's fundraising efforts, they need to present one of these coupons every time they purchase a ticket at Reading Cinemas.
- One coupon per paid ticket.

For every 20 coupons handed in, your school receives one complimentary movie pass. Start fundraising the EASY way today!

NOTE: Coupons will be tallied in the month following each school holiday period and be posted to schools accordingly. Conditions apply to complimentary passes.

WWW.READINGCINEMAS.COM.AU



SCHOOL REWARD PROGRAM

Hand in this coupon at the box office when you purchase a ticket and earn 1 POINT for your school

SCHOOL NAME/STAMP:



Victoria Road
Primary School

ONE COUPON PER PAID TICKET



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